



LINKS CHILDCARE POLICIES & PROCEDURES		
NAPPY CHANGING POLICY		
Last Review Date: April 2023	Policy No. 24	Issued: 2006

Policy Statement

Links Childcare believes nappy changing is a time for both the Educarer and child to develop a bond while providing a safe and clean environment to carry out nappy changing. Links Childcare will ensure the child’s dignity is respected and that it is a positive experience for both staff member and child. This policy is available to all on www.linkschildcare.ie (<https://linkschildcare.ie/about-us/our-policies/>) or contact us at info@linkschildcare.ie.

Principle

This policy is underpinned by the Child Care Act 1991 (Early Years Services) Regulations 2006 and 2016.

Procedure

- Ensure changing bay is fully equipped with all items needed

Gloves	Apron	Creams (labelled)
Wet Wipes or Cotton Wool	Nappies	Plastic Nappy Bag
Disinfectant Spray	Nappy Bin	Cleaning roll/ Blue roll

1. Wash Hands and ensure changing area is clean and in a usable condition.
2. Place gloves on both hands and put on an apron. (If the aprons are stored in the care rooms, put the apron on before leaving the room. If the apron stored in the changing bay area, put the apron on before putting the child on in the changing bay area).
3. Using safe Manual Handling techniques, place child on changing mat. Stand close to the child at all times, ensuring they are safe and happy throughout the entire process.
4. Remove the child’s nappy and clean the child thoroughly using wipes or cotton wool.
5. Remove the soiled nappy and wipes to one side. Place a new unused nappy under the child. Apply any creams necessary with gloved hand.
6. Place nappies and wipes into plastic nappy bag
7. Remove the gloves and apron while placing one hand on the child and standing over the child at the same time. Put the apron and gloves into the plastic nappy bag.
8. When child is fully clothed, lift them off the changing area, again using safe manual handling technique, ensuring the child is secure and you are comfortable.
9. Put the nappy bag, gloves and apron into the bin.
10. Clean down the changing area using disinfectant spray provided.
11. Wash hands thoroughly.
12. Wash the child’s hands before leaving the changing bay area.
13. Always leave the changing bay clean and ready for the next child.

Review

Management, in consultation with staff, monitors and reviews the effectiveness of this policy yearly or as required.

Review Dates:	2007	2008	2009	2010	2011	2012	2013	2014
	2015	2016	2017	2018	2019	Jan 2020	Nov 2020	April 2023