

Breakfast

Weetabix **G**

Weetabix with milk **G, MK**

Rice Crispies **G**

Rice Crispies with milk **G, MK**

Ready Brek **G, MK**

Dinner

Vegetarian Options

Tea

Monday

Pasta Bolognese **G, CY**

Mince rib beef, carrots, onions, peppers, garlic, mushrooms, tinned tomatoes, fresh herbs, stock.

Vegetarian Pasta **G, CY**

Kidney beans, carrots, onions, peppers, garlic, mushrooms, tinned tomatoes, fresh herbs, stock.

Fresh Fruit OR Plain Scones **G, MK, E**

Flour, butter, milk, eggs & mixed fruits

Tuesday

Mediterranean Chicken Casserole with Boiled Potatoes **CY**

Chicken, carrots, garlic, onions, peppers, sweet potato, tinned tomatoes, celery

Mediterranean Casserole with Boiled Potatoes **CY**

Chickpeas, carrots, garlic, onions, peppers, sweet potato, tinned tomatoes, celery

Carrot Bread & Cheese **G, MK,**

Bread, yeast, plain flour, wholemeal flour, olive oil, salt, sugar, carrots, cheese

Wednesday

Sweet & Sour Turkey with Rice **CY**

Turkey, peppers, onions, carrots, courgette, tinned pineapple, soy sauce, fresh parsley, tomato puree, celery

Sweet & Sour with Rice **CY**

Kidney Beans, peppers, onions, carrots, courgette, tinned pineapple, soy sauce, fresh parsley, tomato puree, celery

Vegetable Soup & Brown Bread **G, MK, CY**

Onions, carrot, turnip, parsnip, celery

Thursday

Macaroni Cheese **G, MK, CY**

Cheese, butterbeans, peppers, crème fraiche & celery

Homemade Baked Potato Wedges with Beans

Friday

Chicken Primavera with Pasta **G, CY**

Chicken, courgette, peppers, onion, garlic, tinned tomato, fresh herbs & celery

Primavera with Pasta **G, CY**

Chickpeas, courgette, peppers, onion, garlic, tinned tomato, fresh herbs & celery

Wholemeal Base Pizza **G, CY, MK**

Flour, yeast, salt, olive oil, water, peppers, onion, garlic, carrot, tomato puree, vegetable stock, **cheese**, ham & **celery**

Breakfast

[Weetabix G](#)

[Weetabix with milk G, MK](#)

[Rice Crispies G](#)

[Rice Crispies with milk G, MK](#)

[Ready Brek G, MK](#)

Dinner

Vegetarian Options

Tea

Monday

[Chicken Risotto CY, MK](#)

Chicken, mushroom, leeks, cannellini beans, parmesan cheese, crème fraiche, fresh parsley, celery

[Vegetarian Risotto CY, MK](#)

Mushroom, leeks, cannellini beans, parmesan cheese, crème fraiche, fresh parsley, celery

[Banana Bread G, MK, E](#)

Yeast, plain flour, wholemeal flour, olive oil, salt, sugar, banana

Tuesday

[Fruity Vegetable Curry with Rice CY](#)

Onion, courgettes, butternut squash, mushroom, peppers, cauliflower, pineapple, spices, celery & turmeric

[Cheesy Garlic Bread G, MK,](#)

Yeast, plain flour, wholemeal flour, olive oil, salt, sugar, cheese, garlic, parsley

Wednesday

[Chicken & Broccoli Pasta G, MK, CY](#)

Chicken, onion, broccoli, parmesan cheese, olive oil, celery

[Broccoli Pasta G, MK, CY](#)

Onion, broccoli, parmesan cheese, olive oil, celery

[Tomato Soup & Brown Bread CY, E, G, MK](#)

Soup: Onion, carrot, celery, tomato

Bread: Wholemeal flour, butter, milk, eggs

Thursday

[Beef Tagine CY](#)

Beef, onions, chickpeas, tinned tomatoes, sweet potato, spices, herbs, celery

[Vegetarian Tagine CY](#)

Kidney beans, onions, chickpeas, tinned tomatoes, sweet potato, spices, herbs, celery

[Two Seed Brown Bread with Cheese & Vegetable Sticks G, MK](#)

Bread: Yeast, plain flour, wholemeal flour, olive oil, salt, sugar, sunflower seeds, pumpkin seeds, poppy seeds

Friday

[Roast Vegetable, Chicken & Pesto Pasta CY, MK](#)

Chicken, aubergine, courgette, carrot, peppers, basil, garlic, parmesan cheese, celery

[Roast Vegetable & Pesto Pasta CY, MK](#)

Aubergine, courgette, carrot, peppers, basil, garlic, parmesan cheese, celery

[Wholemeal Base Pizza G, MK, CY](#)

Flour, yeast, salt, olive oil, water, peppers, onion, garlic, carrot, tomato puree, vegetable stock, cheese, ham & celery

Breakfast

Weetabix **G**

Weetabix with milk **G, MK**

Rice Crispies **G**

Rice Crispies with milk **G, MK**

Ready Brek **G, MK**

Dinner

Vegetarian Options

Tea

Monday

Turkey Carbonara with Pasta **G, MK, CY**

Turkey, bacon, mushrooms, leeks, butterbean, garlic, crème fraiche, celery

Carbonara with Pasta **G, MK, CY**

Chickpeas, mushrooms, leeks, butterbean, garlic, crème fraiche, celery

Summer Brack **CY**

Carrots, onions, tomatoes & celery

Tuesday

Chilli Con Carne **CY**

Mince beef, carrots, onions, peppers, mushrooms, tinned tomato, garlic, fresh herbs, spices, kidney beans & celery

Vegetarian Chilli **CY**

Carrots, onions, peppers, mushrooms, tinned tomato, garlic, fresh herbs, spices, kidney beans & celery

Brown Bread Scones & Cheese **G, MK, E**

Wholemeal flour, butter, milk, eggs

Wednesday

Spinach & Tomato Pasta **G, CY**

Baby spinach, tomatoes, onion, carrots, garlic, mushrooms & chickpeas & celery

Leek & Potato Soup & Brown Bread **G, MK, E**

Soup: Leeks, potato, celery, crème fraiche
Bread: Wholemeal flour, butter, milk, eggs

Thursday

Spicy Chicken with Potato **CY**

Chicken, onions, garlic, courgettes, carrots, potato, tinned tomato, fresh herbs, paprika, celery

Spicy Potato **CY**

Onions, garlic, courgettes, carrots, potato, tinned tomato, fresh herbs, paprika, celery

Fresh Fruit OR Plain Scones **G, MK, E**

Flour, butter, milk, eggs & mixed fruits

Friday

Beef Stroganoff & Rice **MK, CY**

Beef, onions, mushrooms, courgettes, butterbeans, crème fraiche, fresh parsley, ground nutmeg, celery

Vegetarian Stroganoff & Rice **MK, CY**

Onions, mushrooms, courgettes, butterbeans, crème fraiche, fresh parsley, ground nutmeg, celery

Wholemeal Base Pizza **CY, G, SP**

Flour, yeast, salt, olive oil, water, peppers, onion, garlic, carrot, tomato puree, vegetable stock, cheese, ham & celery